

**Elizabeth J. Cracco, Ph.D.**

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**Education**

**9/94 – 5/99      Doctorate of Philosophy: Counseling Psychology - University of Wisconsin**

Department of Counseling Psychology, School of Education  
Madison, Wisconsin

- *Major Department:* Counseling Psychology
- *Interdisciplinary Minor:* Gender & Development
- *Research Interests:* Relational development, identity, and psychological well-being, violence prevention and intervention.
- *Dissertation Title:* *The relationship of self-silencing to self-esteem and depression among students attending predominately white universities.*
- Recipient: *John W. M. Rothney Memorial Research Award* – In recognition of excellence in graduate student research
- *Advisor:* Patricia Wolleat, Ph.D.

**9/92 – 5/94      Master of Arts: Counseling Psychology - Boston College**

Department of Developmental Psychology and Research Methods  
Chestnut Hill, Massachusetts

- *Major:* Counseling Psychology
- *Specialization:* agency counseling with adolescents and adults
- *Research Interests:* Institutional climate and homophobia
- *Advisor:* James Mahalik, Ph.D.

**9/85 – 5/89      Bachelor of Arts: Psychology - The College of the Holy Cross**

Worcester, Massachusetts

- Cum Laude Graduate
- Recipient - *Georgoudi Award for Outstanding Senior Psychology Major*
- *Psi Chi "Excellence in Research" Award* for paper entitled, "Locus of Control as a Contributing Variable to Social Skill Among School-Age Children"
- Chairperson - Student Advisory Board, Department of Psychology
- *Advisor:* Linda Carli, Ph.D.

**Professional Certifications & Affiliations**

- Licensed Psychologist – State of Connecticut
- Center for Collegiate Mental Health Advisory Board Member(2009 to present) – Penn State University
- Association for the Coordination of Counseling Center Clinical Services: (2009 to present)
  - Membership Chair (May 2012 to present)
- American Psychological Association
  - Counseling Psychology (Division 17)
  - Psychology of Women (Division 35)

## Prevention and Intervention Experience

**07/12 – present Interim Director**

### **University of Connecticut – Counseling and Mental Health Services**

- Provide leadership and direct supervision to multidisciplinary team of behavioral health staff
- Oversee all administrative aspects of center operations including budget, insurance billing, reception
- Provide direct clinical service to students
- Continue coordination of all aspects of clinical system including case assignment, review of all emergencies
- Represent CMHS on committees including Students of Concern, SHS Executive Team
- Coordinate and deliver campus wide outreach efforts including chairing Suicide Prevention Committee
- Represent CMHS needs in space development and planning
- Establish and maintain CMHS policies and procedures

**8/08- present Assistant Director, Coordinator of Clinical Services**

### **University of Connecticut – Counseling and Mental Health Services**

- Provides clinical leadership, coordination and supervision for the Counseling and Mental Health Services (CMHS) clinical operation
- Provides direct clinical services, including assessment and psychotherapy, emergency care and consulting services to the University community
- In the absence of the Director, supervises all operations in accordance with CMHS policies and procedures.

**8/05 – 8/08**

### **Violence Against Women Prevention Program Coordinator**

#### **University of Connecticut – Women's Center**

- Develop curriculum and teach Women's Studies 271 & 272 – Seminar on Rape Education and Awareness.
- Develop and provide training to University community on violence against women
- Recruit, train and supervise student peer educators and interns engaged in violence prevention work
- Provide short-term advocacy and support for community members affected by dating or sexual violence
- Plan and coordinate campus-wide events related to violence prevention
- In partnership with Connecticut Sexual Assault Crisis Services, develop and implement assessment of sexual assault service provision among Connecticut post-secondary institutions
- Coordinate grant proposal development among a consortium of Connecticut post-secondary institutions

**6/03 – 6/09**

### **Psychologist – Psych Associates of New England Pomfret, CT**

- Provide individual, couple and family therapy to clients presenting a range of clinical issues within a private practice setting.
- Special areas of focus include: late adolescent development, sexual assault, eating disorders, relational issues.

**4/03 – 8/05**

### **Psychologist – Connecticut College Counseling Center**

- Provide a range of psychological services, including testing, diagnosis and treatment to college population.
- Provide clinical supervision to doctoral-level graduate students
- Lead development of all aspects of clinical training for graduate students, including in-service training, training manual, and weekly training seminar
- Provide outreach education to campus community on various mental health related issues, including but not limited to; depression, anxiety, trauma, sexual assault and eating disorders

- 8/00 – 6/03 Psychologist – College of the Holy Cross Counseling Center**
- One of three staff psychologists responsible for all aspects of college mental health including individual and group therapy, psychoeducational outreach, consultation, crisis response services, assessment, diagnosis, and referral
  - Special outreach responsibilities include advisement of Nutrition, Eating Disorder and Exercise Peer Educators, participation in sexual assault planning committee, and coordination of faculty and staff liaisons.
  - Organized and facilitated events as part of campus-wide post-vention response in the wake of 9/11, including facilitation of grief groups, immediate post-vention counseling, and organization of campus-wide fund-raising effort for 9/11 victims.
  - Facilitated group counseling sessions on the following topics: Homesickness, Women's Strength and Self-Esteem, Talking about Gender, Relaxation Training, Leaving College, Coping with Tragic Grief and Loss, Responding to Sexual Assault
- 9/98 – 5/00 Adjunct Clinical Staff - University of Wisconsin – Madison Counseling and Consultation Services**
- Serve as member of Crisis Response Services team, staffing campus-wide mental health crisis line for campus of 40,000 students
  - Co-facilitate ongoing women's self-esteem psychotherapy group
- 7/97 – 7/98 Pre-Doctoral Intern - University of Wisconsin – Madison Counseling and Consultation Services**
- Participated in the following clinical rotations: Treatment of Eating Disorders; Multicultural/Cross-Cultural Counseling; Alcohol, Tobacco and Other Drug Abuse; Crisis Interventions; Relational Therapy; Couples Counseling; Group Counseling
  - Individually supervised two master's-level counseling trainees in their clinical work
  - Staffed campus-wide mental health crisis-line on a weekly basis
  - Co-facilitated on-going therapy groups - "Undergraduate Women's Self-Esteem Group"
  - Provided consultation to university community around issues of sexual assault.
- 9/95 – 5/97 Counselor Trainee - University of Wisconsin - Madison Counseling and Consultation Services**
- Provided individual and couples therapy for graduate and undergraduate students with a range of concerns, including eating disorders, suicidality, childhood sexual abuse, bereavement, relationship issues, depression, and sexual orientation
  - Administered and interpreted appropriate psychological assessments, including personality and depression inventories
  - Conducted brief intake and triage sessions, assessing treatment or referral needs
  - Collaborated with psychiatric staff in referring and supporting students needing medication
  - Participated in weekly in-service training seminars
- 1/96 – 9/98 Night Advocate - Rape Crisis Center of Dane County Madison, WI**
- Provided consultation and support to crisis line para-professionals
  - Provided crisis intervention by phone to victims of sexual assault and/or incest
  - Provided medical and legal advocacy and accompaniment for adult and adolescent victims of sexual assault
- 9/93 – 5/94 College Counseling Trainee - Simmons College Counseling Center Boston, MA**
- Provided weekly, long-term psychotherapy to students in an all-women's environment
  - Participated in feminist re-search training seminar (26 hours)
  - Developed psycho-educational outreach programs for residence community
  - Served on faculty-student Bisexual, Lesbian & Gay Advocacy Board.

- 8/90 – 5/94      Residence Director - Clark University Housing and Residential Programs  
Worcester, MA**
- Managed operation of 8 University Houses, including supervision of over 120 residents
  - Supervised staff of 8 paraprofessionals in providing educational, recreational and community service programming to residential community
  - Member of Dean of Students staff responsible for campus-wide on-call duties
- Teaching and Research**
- 2007 – present      Instructor: University of Connecticut**
- **Emotional Intelligence: Interdisciplinary Studies INTD 1820**
  - **Masculinity and Violence Prevention: Interdisciplinary Studies INTD 198-16**
  - **Rape Education and Awareness: Women's Studies 271-272**
- 6/03 to 2009      Research Project: Masculine Ideology, Gender Role and Public Displays of Sexual Aggression Among a College Population**
- Collaboration with Edward Thompson, Ph.D. – Department of Sociology – Holy Cross College
  - Accepted for presentation at American Psychological Association, August 2007.
- 1/01 – 05/04      Lecturer – College of the Holy Cross – Worcester, MA  
Department of Psychology**
- Designed and taught the following courses:
    - **Inquiry into Psychology:** an introductory course for Junior and Senior non-majors (Spring '01)
    - **Introduction to Psychology:** (Spring '02, Spring '03)
    - **Gender and Clinical Issues:** Advanced seminar for Juniors and Seniors (Fall '02, Spring '04, Fall '05)
- 9/99 – 5/00      Lecturer – University of Wisconsin – Madison  
Department of Psychology**
- Responsible for all facets of instruction, including lecture, grading, course design, and supervisions of Teaching Assistants for:
    - **Personality Psychology** (Fall '99, Spring '00, approximate enrollment = 180)
    - **Introductory Psychology** (Spring, '00, approximate enrollment = 400)
- 1/99 – 7/99      Lecturer - University of Wisconsin – Madison  
Department of Counseling Psychology**
- Taught three counseling psychology graduate courses including,
    - **Student Development – Theory in the Practice of Student Affairs** (Spring '99)
    - **Supervised Practicum in Counseling – Higher Education: Advanced** (Spring '99)
      - Provided weekly individual supervision to both practicum and pre-practicum counseling psychology graduate students engaged in spectrum of placements including higher education and community agencies
    - **Research and Practice in Alcohol and Other Drug Treatment** (Summer '99)
    - **"Interviewing Skills,"** (Summer, 99) designed for students majoring in education, law and journalism
- 9/95 – 5/99      Training Consultant – Madison, WI  
Rape Crisis Center of Dane County,  
Wisconsin Coalition Against Sexual Assault**
- Developed and implemented counseling skills training for crisis-line workers

- Facilitated and advised students in role-play counseling situations
- Responsible for providing on-site training to each sexual assault service provider agency in the state of Wisconsin
- Conducted assessment of each service provider and developed direct service training program which included topics such as crisis counseling, group counseling, coordinated community response teams, societal oppression, sexual harassment, and ethical and legal concerns.

**9/96 – 5/97      Research Assistant- University of Wisconsin – Madison  
Department of Counseling Psychology**

Alexandra Corning, Ph.D.

- Collaborated and assisted in program of research targeting the experience of discrimination for women and students of color
- Conducted comprehensive review of relevant literature
- Coordinated administration of the discrimination research team
- Identified and pursued funding resources
- Recruited research participants and coordinated data collection for instrument development

**5/96 – 7/96      Teaching Assistant - University of Wisconsin - Madison  
Department of Counseling Psychology  
Course Title: Research in Guidance and Counseling: Counseling Psychology  
804**

Bruce Wampold, Ph.D.

- Evaluated written assignments, including research proposals
- Advised students in formulation and design of Master's thesis research questions
- Prepared and presented class lectures on topics
- Facilitated group discussions and exercises on research-related topics

**Adventure/  
Outdoor Education**

**6/10 to present Outdoor/Adventure Education Trainer – Four Arrows Challenge Course  
University of Connecticut, Storrs, CT**

- Developed adventure experiences aimed at fostering teamwork, problem solving skills and individual growth for student organizations

**6/05 - present Consultant/Counselor  
The Hole In the Wall Gang Camp – Ashford, CT**

- Developed program of counselor self-care and facilitated weekly groups for summer staff
- Provided consultation to therapeutic programs for campers
- Volunteered as cabin counselor for children with life-threatening illnesses
- Responsible for all aspects of cabin campers' well-being and participation in camp program

**4/94 – 8/94      Outdoor/Adventure Education Trainer - Warren Outdoor Center  
Northeastern University, Boston, MA**

Court Booth, Trainer Coordinator

- Worked with co-trainers and clients to develop day or weeklong adventure experiences aimed at fostering teamwork, problem solving skills and individual growth
- Facilitated all aspects of program, including group processing, safety instruction, element set-up, equipment management, etc.

**5/93 – 8/93      Program Director -Project Adventure Program  
Camp Thoreau; Concord, MA**

David Milstone, Director

- Developed curriculum for campers, age 7 – 16, focused on cooperative activity, trust-building and self-esteem
- Trained and supervised camp staff in element facilitation and safety

**1990 – 1992 (Summers) Program Director – Junior Sailing Program  
Cape Cod Sea Camps**

- Implemented curriculum for campers, age 7 – 13, focused on basic sailing and water safety skills
- Member of senior staff responsible for camp-wide leadership and on-call duties

**Summer 1990 Outward Bound – Hurricane Island, ME – Participant – Adult Sea Kayaking Program  
Sample Publications & Presentations**

O'Saben, C., Cline, J., Cracco, E., Meyer, A., McAnear, P., Shih, J., & Wesley, L. ( May 2012). *Membership Matters: ACCCCS Membership Survey Results*. Association for the Coordination of Counseling Center Clinical Services Annual Conference, Chapel Hill, NC.

Locke, B., Lane, T., Cracco, E; & Rardin, D (May 2011). *Bringing science and practice together: Recent developments at the Center for Collegiate Mental Health*. Association for the Coordination of Counseling Center Clinical Services Annual Conference, Minneapolis, MN.

Cracco, E. (October 2011). *Pursuing a labor of love. Keynote Address, Psi Chi Psychology Honors Society Induction*, College of the Holy Cross, Worcester, MA.

Cracco, E. (December 2011). *Trauma and the sexual assault victim advocate*. Connecticut Coalition Against Sexual Assault Advocate Training. Hartford, CT

Locke, B., Rardin, D., & Cracco, E. (May 2010). *Data standardization in college mental health: CSCMH update and roundtable*. Association for the Coordination of Counseling Center Clinical Services Annual Conference, Snowbird, UT

Cracco, E. (November 2010). *Responding to disclosures of sexual assault in the academic context*. College of the Holy Cross Faculty Training. Worcester, MA.

Thompson, E. & Cracco, E. (2008). *Sexual aggression in bars: What college men can normalize*. Journal of Men's Studies, 16(1), in press.

Thompson, E. & Cracco, E. (August, 2007). *Sexual aggression in bars: What college men normalize*. American Psychological Association Annual Convention, San Francisco, CA.

Cracco, E. (October, 2004). *Helping the helpers. Secondary Traumatic Stress*. Justice Resource Institute Annual Training Conference. Mansfield, MA.

Cracco, E. (May, 2004). *Self-silencing across relational domains of women's lives. Important implications for female educators and therapists*. University of Hartford – Graduate Institute of Professional Psychology – Annual Women's Colloquium.

Cracco, E. & Janosik, W. S. (2001). Relational women's support groups: A power source for women's voices. In M.S. Corey & G. Corey (Eds.). *Group Processes and Practice* (6<sup>th</sup> ed.) Wadsworth.

Cracco, E. (Proposal accepted for poster presentation in August, 2000). *Self--silencing across dyadic relationships and its prediction of self-esteem and depression*. American Psychological Association Annual Convention, Washington, D.C.

Cracco, E. & Janosik, W. S. (March, 2000). *Undergraduate women's support groups: A power source for women's voices and solutions*. Women in Higher Education National Teleconference, Minneapolis, MN.

Cracco, E. (June, 1999). *Using the Relational Model in women's groups*. Workshop presented at the Wisconsin Coalition Against Sexual Assault Training Institute, Wausau, WI.

Cracco, E. (May, 1998): *Helping the helper: Vicarious trauma in sexual assault counselors and paraprofessionals*. Workshop presented at the Wisconsin Coalition Against Sexual Assault Training Institute, Wausau, WI.

Cracco, E. & Picard, N. (March, 1998). *Helping the helper: Vicarious trauma in sexual assault counselors and paraprofessionals*. Workshop presented at Envision Equality: National Higher Education Student Conference on Sexual Assault, Madison, WI